

Waterproof Sunblock For Your Child - *How Safe Is It?*

Those of us with small children are very familiar with waterproof sunblock - after all, the day at the beach or in the pool requires some serious protection from the sun for our youngsters.

However, if your child gets waterproof sunblock in their eyes how are you going to get it out? You can't flush it out with water - it's waterproof! It has been reported that 1 out of every 100 children using waterproof sunblock is temporarily blinded when they get the sunblock in their eyes by rubbing their eyes with sunblock coated hands or the sunblock being wiped into their eyes from other parts of their face.

Remember: Check the ingredients and choose sunblocks that are *water-based NOT oil-based*; Don't apply waterproof sunblock to the child's hands and try to use another sunblock on their faces. Also, ask your pediatrician if they can recommend an eye wash solution that can counter the waterproof sunblock if it gets in your child's eyes.